

CARING FOR YOUR CYCLAMEN

Cyclamen are natives of the Mediterranean coastline and are naturally found in the greatest numbers in Greece and its islands, Italy and Yugoslavia.

Cyclamen are a long flowering, cool climate house plant which prefer a temperature around 18°C or lower with a slightly moist atmosphere. A protected balcony or verandah is an ideal position as they quite like cold nights.

When placed indoors find a cool, light and well ventilated position, carefully avoiding heating ducts and other household hot spots.

Watering: Overwatering will cause root rot so keep your cyclamen moist but not wet. It is best to periodically soak the pot then allow it to dry out before re-watering.

When picking spent flowers and old, yellowing leaves, remove the whole stem to prevent rotting. It can be fed with a weak liquid plant food, but do not overfeed.

When the plant is nearing the end of its flowering cycle, plant it in a cool, well-drained spot in the garden. Cyclamen do not always re-grow or re-flower but with luck, and the right spot, it may live to bloom again for several years.



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